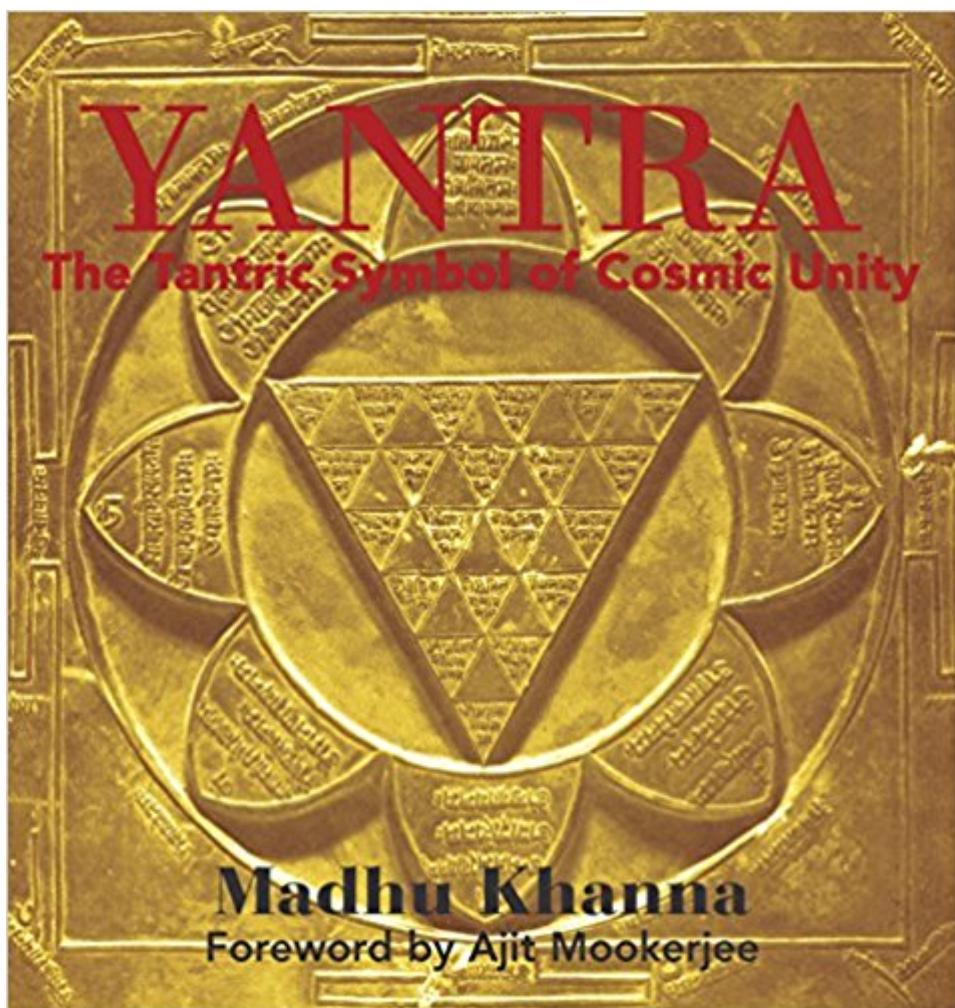


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Yantra: The Tantric Symbol Of Cosmic Unity



Synopsis

The first comprehensive study of the Indian power symbol that allows the individual to take a journey to the primordial center of life • Highly illustrated exploration of every aspect of the yantra, including its related rituals, sounds, and meditation practices • Investigates the continued use of the yantra in modern India as a magic talisman The yantra is both a complex metaphysical symbol and a tool of ritual and meditation. In kundalini yoga, the patterns contained in this metaphysical and geometrical construct correspond to the psychic centers of the subtle body, therefore making the body itself a functioning yantra. In this book, which is the first comprehensive study of the subject, the author provides a step-by-step explanation of the dynamic process wherein the yantra aids the individual in the spiritual journey to return to original wholeness. Every aspect of this important Indian symbol is explored, from its related sounds, rituals, and use in meditation to its application in traditional temple architecture and sculpture. The author also looks at its continued use in both the • black • and • white • magic traditions of the subcontinent, as well as its power as a talisman.

Book Information

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Customer Reviews

• A worthy introduction to a noble subject. • (Arts Review) "Yantra explores the dynamics, metaphysics, aesthetics, and ritual importance of yantras." (Yoga Journal, August 2004) "Readers of both Eastern and Western backgrounds will find this book provocative and profoundly informative." (Thomas Peter von Bahr, New Age Retailer, May/June 2004, Vol.18 No.3)

Madhu Khanna is a scholar specializing in both Eastern and Western philosophy. He is coauthor, with Ajit Mookerjee, of *The Tantric Way*.

This book is really a must have for all the devotees of the Yantras, specially for them who love to draw...I have a workshop for paint cars, and I am starting in chroming, so I will start soon to draw and paint yantras with chrome paints, can you imagine how very beautiful will this be?The book is complete, honestly is a fantastic book..., you can find all about the history and spiritual and religious origin of the Yantras in the Universe.Are you interested in know about the Yantras? Buy this book....Are you interested in draw Yantras for dedicate those to the Goddess or teach to draw them or include to sell them?Buy this book, and let me give you other sincere recommendation...Buy too: Nine designs for inner peace, by Sarah Tomlinson.I have both books, and I am very happy...

Finally here is a book that takes you into the mystery of the yantra while exploring its history, its mechanics, and its deep symbolism. Abundant pictures and diagrams make it easy to follow its descriptions and explanations which open up a way of seeing things that may not have been previously accessible. This is a comprehensive work that offers the reader a wealth of information, leaving one with a deep appreciation for those who were so dedicated that they could penetrate the meaning of sacred symbols and enshrine their energy via the yantra.

excellent

I think this is a great book on how mantras, yantras and sacred geometry are related . Gives a good understanding!

Great book to learn about yantras!

Perfect

As I am interested in artistic spiritual pathways, this book has given me inspiration in the work I create with digital media.

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